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|  | **| Development | September 8, 2015** |

**The Toughest Person to Lead Is Always Yourself**

*Leadership Gold*, Chapter 2

by John Maxwell

**Keys to Leading Yourself**

* Learn **Followership**

Leaders who haven’t followed well tend to be:  
  
(1) **Prideful**  
(2) **Unrealistic**  
(3) **Rigid**  
(4) **Autocratic**

* Seek **Accountability**People who lead themselves well know a secret:  
  they can’t **trust themselves**.
* Develop **Self-Discipline**
* Practice **Patience**

**My Takeaway/Closer**

Be intentional about leading yourself if you want to lead others.

What one thing can you do this week to lead yourself?

**Questions**

What best practices or habits do you do to lead yourself?

How does following lead to leading?

Give some examples of leaders who follow.

What have you done to develop leadership self-discipline in your life?

What’s your leadership accountability?

What’s your takeaway?

What’s your action step?

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**Keys to Leading Yourself**

* Learn \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Leaders who haven’t followed well tend to be:  
  
(1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
(2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
(3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
(4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Seek \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_People who lead themselves well know a secret:  
  they can’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Develop \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Practice \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Takeaway**

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**Notes**

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